

MYSTERIES OF LIGHT

Virtue Link: Faith, Hope, Love, Fortitude
Catholic Character Themes: Community, Discipleship, Reverence

Tony Cosentino Renfrew County CDSB

Jesus said: "I am the light of the World." (John 9:5) In the mysteries of light we will think about five special moments in Jesus' life. These moments show us in a special way how Jesus brought us the light of his Father's loving kindness during his years of public ministry.

FIRST MYSTERY OF LIGHT

The Baptism of Jesus in the Jordan River

In this mystery, we remember with Mary how Jesus was baptized in the Jordan River by John the Baptist. Jesus followed his Father's will, and humbled himself before John. The sky opened, and the Holy Spirit came down on Jesus like a dove. Then, God the Father's voice spoke from heaven saying: "This is my beloved Son." At Baptism, we became one with Jesus. We too are God's beloved sons and daughters. We ask Mary our mother to help us to be humble like Jesus and to follow God's loving will always.

- Our Father
- Ten Hail Marys
- Glory Be
- O My Jesus

SECOND MYSTERY OF LIGHT

Jesus changes Water into Wine

The Wedding at Cana

In this mystery, we join Mary in remembering Jesus' first miracle. Mary and Jesus were at a wedding and the people ran out of wine. Mary knew Jesus would help them if she asked him. Mary asked Jesus to help them. Then, she told the people: "Do whatever Jesus tells you." Jesus told them to fill six jugs with water. They did this and he turned it into wine. We ask Mary, our mother to help us do whatever Jesus tells us. She will always pray for us when we ask her, and Jesus will always listen.

- Our Father
- Ten Hail Marys
- Glory Be
- O My Jesus

THIRD MYSTERY OF LIGHT

Jesus Preaches the Kingdom of God

In this mystery, we remember with Mary how Jesus told everyone about the Kingdom of God. Jesus said that his Father's Kingdom of love will grow in hearts that listen to his words. We ask Mary, our mother to pray for us so that we might have a changed heart, to love our God and neighbour the way Jesus taught us.

- Our Father
- Ten Hail Marys
- Glory Be
- O My Jesus

FOURTH MYSTERY OF LIGHT

The Transfiguration

In this mystery, we join Mary in remembering Jesus' transfiguration. Jesus went up a hill with Peter, James and John to pray. As he prayed, his face and clothes became bright white, like snow. Two people who had died long ago were talking to Jesus. They were: Moses, who gave God's holy law, and Elijah who spoke God's word. Jesus, the light of the world lived God's law and God's word perfectly. Then a voice from heaven said: "This is my beloved Son. Listen to Him." Then Jesus went back down the mountain with Peter, James and John to preach God's word, heal the sick and suffer on the cross. We ask Mary to pray for us so that we can follow Jesus in happy times and in hard times.

- Our Father
- Ten Hail Marys
- Glory Be
- O My Jesus

FIFTH MYSTERY OF LIGHT

The Institution of the Eucharist

In the mystery, we join Mary in remembering how Jesus gave us his body and blood at the Last Supper. Jesus sat down with his apostles for a special supper to remember how God saved his people long ago. Jesus took bread and wine and gave them to the apostles saying "This is my body ... this is my blood." Then he said: "Do this in memory of me." We call this meal the Eucharist, which means thanksgiving. At Eucharist, we remember how Jesus gave his body and blood on the cross to save us. At Eucharist, Jesus still gives us his body and blood. This is the food we need to follow Jesus, to love God and each other.

- Our Father
- Ten Hail Marys
- Glory Be
- O My Jesus