

Guided Meditation on the Cross on the Wall

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Virtue Links: Faith, Hope, Love
Catholic Character Themes: Discipleship, Community

Opening Prayer

In the name of the Father and of the Son and of the Holy Spirit.
Lord of love and compassion,
Be with us today as we reflect on our calling to Catholic education.
Help us to see the seeds of the kingdom that are sown every day as we work for the glory of your name.
We make this prayer through Christ our Lord. Amen

Invitation to Visualization

I invite you to close your eyes, put aside all of the business of this day. Put aside your responsibilities at home and here at school and just find the space within you where God speaks to you. Let your breathing and the beat of your heart be your only focus for a moment or two.

As you are about to begin this school year, there will be many demands and you will feel the pressure on Catholic education. It is a good time for us to focus our thoughts and prayers on our mission as Catholic educators.

Within your mind and your heart, focus on your empty classroom. Visualize the crucifix on the wall.

What does this cross mean to you? How does it influence your relationships with your students, with your staff community and with the parents we serve?

How does the crucifix on the wall speak to your calling as a Catholic educator?

A Reading to Reflect our dedication to the vocation of Catholic education:

A Reading from the Gospel of John (John 15:8-9; 11: 16-17)

It is to the glory of my Father that you should bear much fruit, and then you will be my disciples.
As the Father has loved me, So I have loved you.....

I have told you this so that my own joy may be in you and your joy may be complete....

You did not choose me, no, I chose you;

And I commissioned you to go out and to bear fruit, fruit that will last;

And then the Father will give you anything you ask him in my name.

What I command you is to love one another.

Amen

Closing Prayer:

Lord our God, we are mindful of your guidance and support in our lives and in Catholic education. Continue to be our source of inspiration and nourishment.
We ask this in the name of Jesus Your Son. Amen



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